



MONEY & LIFE SKILLS

financial capability made easy



Expecting a Baby

Baby Essentials Checklist

BABY CLOTHING

- 4 – 8 onesies
- 4 – 8 undershirts
- 4 – 8 one-piece pyjamas
- 2 blanket sleepers for winter baby
- 1 – 3 sweaters or jackets
- 1 – 3 rompers
- 4 – 8 socks or botties
- 1 – 3 hats (broad-brimmed for a summer baby, a cap that covers ears for winter baby)
- no scratch mittens
- bunting bag or fleece suit for winter baby



FEEDING ESSENTIALS

- bottles with nipples (both 4 or 8 ounces)
- bottlebrush
- 4 bibs
- burp cloths
- 2 pacifiers
- breast pump

NURSERY ITEMS

- crib, cradle or bassinet
- the firm, flat mattresses that fit snugly in the crib
- rocking or armchair
- baby monitor (optional)
- dresser

BABY BEDDINGS

- 1 – 3 washable crib mattress pads
- 2 – 4 crib fitted sheets
- 4 soft, light-receiving blankets
- 1 – 2 heavier blankets

BABY GEAR

- an infant or convertible car seat
- stroller or infant carrier
- baby swing or bouncer
- playing blanket
- high chair

DIAPERING MUST-HAVES

- changing table
- disposable new-born diapers or ecological washable diapers
- diaper pail or liners
- baby wipes, unscented
- diaper cream
- soft washcloth

HEALTH PRODUCTS

- baby thermometer
- First aid kit

BATH ITEMS

- baby bath-tube
- 2 – 4 soft towels
- baby hairbrush
- soft washcloth

