



## MONEY & LIFE SKILLS

financial capability made easy



### Caring for elderly relatives

#### Make a plan of care for someone relative to you

How would be your ideal plan of care? You should think of someone in your family who will get senior before you. Have you considered what care he/she would need and who would be in charge with? We encourage you to make a plan of care like that of Luis and Antonio taking into account:

- the needs of this person
- the services he/she would need
- who would take care of him/her and
- what financial resources would be required.

Remember that a calendar with the daily routine of this person will make your job easier.

#### A. List of needs and resources

Make a list of the main needs that would need to be covered and the necessary resources: help in daily cleaning, support elements at home, etc. (*Revise section "Needs and cares timetable"*)

Needs to be met	Needed resources





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### B. Cost of services

Calculate the cost of the main services that would be required. (*Revise section "Cost of services"*)

Services	Average cost
	€
	€
	€
	€
	€
	€
	€
	€
	€
Total per month:	€

